The Pforzheimer Newsletter

December 14, 2020
“All The News That Fits We Print”

*** Newsflash: Read on down for a chance to win $50 Uber Bucks ***

Tutor on call this week:
Sarib Hussain
(For Students on Campus)
617-651-1636

LOCKOUTS: During the day & evening, go to the Building Manager's Office; After Midnight, Call Securitas at 617-496-9370
FACILITIES After Hours: 617-495-5560

This Week in Pfoho...

<table>
<thead>
<tr>
<th>Monday 12/14</th>
<th>Tuesday 12/15</th>
<th>Wednesday 12/16</th>
<th>Thursday 12/17</th>
<th>Friday 12/18</th>
<th>Saturday 12/19</th>
<th>Sunday 12/20</th>
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</thead>
<tbody>
<tr>
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<td>FALL TERM EXAMS END</td>
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<td>Pf Writing Table w/Daniel 3:30-4:30pm Link below</td>
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<td>Currier DHall closes for break after dinner</td>
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<td>Students Move Out for Winter break by NOON.</td>
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</table>

Notes from the Allston Burr Assistant Dean, Monique Roy, pforzheimerhousedean@fas.harvard.edu:

I hope your final assignments and exams are going well so far. I wanted to send a few updates and reminders – please note that Heather and I are still here and ready/willing to answer any questions you may have, or to talk via phone or zoom if that'd be helpful.

1. Extensions: As I explained in my last email, extensions up through the last day of exam period (Saturday, December 19) are granted by professors, but any work handed in after December 19 will require Ad Board approval to be accepted by the professor. This semester, in response to the coronavirus pandemic, students may petition the AdBoard for an extension of time up until January 15 to complete required written work. If you are or have been ill or have been dealing with other stressors which have impacted your ability to complete course assignments or prepare for a final exam and you anticipate needing an extension beyond December 19, please be in touch with me right away so I can walk you through that process. You can email me or you can simply make an appointment with me by choosing a time in my calendar (link below). You do not need to have an appointment with HUHS Urgent Care or documentation from them the way you might have in another semester. I am here to help you navigate this and together we can quickly determine whether asking for an extension makes sense for you.

2. Exams: Please be sure to see the updated exam policies in the Student Handbook for more information on policies that may be helpful to you during this time. As Brett Flehinger (Associate Dean for Academic Integrity and Student Conduct) explains in the email he sent on December 7th: “These rules apply to how you take exams, when they are scheduled, what to do if you are absent or ill, and how to request accommodations for disabilities. The full text of the examination rules are in the addendum, and while they aren’t exciting, they provide invaluable information. Please read them.

3. Academic Resources and Stress Management: It is as important as ever to get plenty of sleep, eat well, and balance your studying with other activities. If you are feeling overwhelmed, please reach out. Our Pfoho
tutors are available to provide support and encouragement, and Heather and I are always here for you, too—email me at pfz@fas.harvard.edu or Heather at pforz@fas.harvard.edu.

The Academic Resource Center is an excellent resource for both academic and personal advising, especially when navigating a remote Reading Period and Final Exams; visit their website to learn more: https://academicresourcecenter.harvard.edu/home

The Writing Center is available if you are looking for help with papers and other written assignments: http://writingcenter.fas.harvard.edu and here for their online scheduler.

4. HUHS and CAMHS/Urgent Care: Services are available for both remote and on-campus students. If you are currently on campus, telemedicine and some in-person urgent care remains available, 8:00am – 6:00pm, 7 days a week, at Smith Campus Center. Please call HUHS at (617) 495-5711 for guidance before your visit. For assistance between 6:00 pm – 8:00 am, 7 days a week, please call the nurse advice line at (617) 495-5711. If you are currently studying remotely/off-campus, see here for information about the HUHS and CAMHS services that are available to you. Please be sure to visit the CAMHS website for up-to-date information. Additionally, for those seeking resiliency tools in stressful and disruptive times, CAMHS psychologist, Tara Cousineau, PhD, offers her “Courage, Presence, Resilience” (CPR) workshop in short, 15-minute clips.

5. Academic Honesty: This is a VERY good time to check in with your instructors about course-specific expectations on source citation, collaboration, and late work. When you are sleep-deprived, feeling pressured, and down-to-the-wire on a deadline (or an exam), your judgment may not be at its sharpest. If you find yourself feeling pressured, please set up a meeting with me or a tutor to talk through your options. Remember that the penalty for academic dishonesty is always worse than for turning in an imperfect paper or incomplete problem set. See the Honor Council’s “Top Five Tips” for more ideas. The full College policy on plagiarism, collaboration, and dual submission can be viewed here.

6. Backing up your written work: Remember that it’s not a question of if your hard drive will crash, but when. There’s nothing more frustrating than losing a paper you just spent hours on, and some professors will not accept computer problems as a reason for your missing deadlines, so make sure to back up your work regularly. There are free cloud backups that you can use, including Google Drive (https://www.google.com/drive/) and Dropbox (https://www.dropbox.com/). A good habit is periodically to email yourself a copy of your drafts, to make sure you’ll always have a recent edition available if anything happens.

7. Pfoho ABRD Virtual Office Hours: To schedule a time to talk via phone or Zoom, see Monique’s calendar here or Heather’s calendar here and choose a time that works for you.

We are still rooting for you as you make your way through this last week of the semester!

All best,
-Monique and Heather

Announcements for Students ON Campus:

HUDS Meals at Currier House
Meals will be served at Currier through dinner on Saturday, Dec. 19th.

From your Community Health Lead, Kate Leach, katherineleach@g.harvard.edu:
For those remaining on campus for the winter break, here is the link for the Bin Pick up dates over the break. You will be notified of your new dropbox site once Winter housing assignments come out. Soon.

Fall Move-Out – by NOON on Sunday, December 20th
All students must move out of Pfoho by noon this Sunday, Dec. 20th. Please be reminded to
* Using the keypack envelope distributed to your Pfoho mailbox, turn in your room key to the bucket outside Mario’s office.
* Clean up your room – dispose of trash & food, sweep & mop floors
* Check and double check all drawers, shelves, etc. – don’t want to leave anything behind!
* Forward your mail through HUMS. There will be no mail pick-up at Pfoho during the winter break.
* Change your shipping address on any online shopping sites
* Close all windows & turn out the lights before your leave.
See Mario’s email from today for more info. Questions, contact Mario at mleon@fas.harvard.edu.
Notices for the Pfoho Community near and far:

House Life Survey will be left open for just a couple more days!
Pfoho IS the BEST House!!
If you haven’t already done so, please take a moment to complete the House Life Survey by clicking on this link: House and Community Engagement Survey - Fall 2020. It really doesn’t take very long (shortened from years’ past) and your feedback is really taken seriously and can affect change going forward, so please do it when you can. And not to get competitive, cough cough, but we are now only at 18% which is somewhere in the lower end of all the House percentages.
As an added incentive – everyone who fills out the survey will be entered into a lottery to win one of 4 $50 Uber Eats vouchers!! It could be YOU!
Thanks, Pfoho. We <3 you!

Pfoho Housing for Spring Term – Notes from Sue
First off, a reminder that ALL students are required to submit the Spring term confirmation form by TODAY, December 14th, 2020 as a record of your intentions even in you’re choosing to remain at home or continue or begin a leave absence. That and everything else you need to know about Spring Term is handily available on this site: https://college.harvard.edu/ourpathforward.

Notification to those offered housing for Spring Term will come out on December 21st. It will include a link to fill out a form to confirm your housing acceptance, due by January 4th. For those who confirm the invitation to live on campus for spring term, here are a few guidelines that may help answer some questions coming up:

* Every student will have their own single bedroom, whether as a single on a hall or within a suite
* No more than three students will share a single bathroom
* Housing will be done with seniority in mind, i.e. Seniors’ wishes will be considered first, then Juniors, then Sophomores.
* You will be given the chance to express your preference for roommates to live with, up to the max of three per suite.
* You will be allowed to list a preference for a particular building/hall, floor and specific room (within reason).

As SOON as I get list of those with confirmed housing, probably January 5th or 6th, I will send out a Pfoho Google Housing questionnaire to those students so you can list your housing preferences. The turn around time for returning this sheet will be REALLY short – maybe only 24-36 hours – so as you begin to settle your plans, start thinking about your housing preferences, too, so you’ll have it all planned out once you receive the questionnaire link. I will do my very best to honor as many preferences as possible within the guidelines listed above.
If you have questions about housing in the meantime, feel free to email me at swatts@fas.harvard.edu, or happy to meet virtually or over the phone if you prefer. - Sue

PfoHoCo 2021-22!
It is with great excitement that we announce the results of the HoCo election!!!
Your 2021 HoCo will be:
Co-Chairs: Javin Pombra & Kiana Ziadkhanpour
Social Chair 1: Braxton Marion
A big thank-you and congrats to everyone who ran!
With pflove,
Malia and Analli (pfohohoco@gmail.com)

Pfresh Air Pfitness!
Weekly virtual workouts have ended, but the workout sheets are still readily available. There are 6 weeks of workouts available to you, anytime you want to use them. Here’s the link: https://drive.google.com/drive/folders/1GSx3QeYE_ODtJ_jAVBoK4Qz7FUhy3li?usp=sharing
Check out other Harvard GPA Programming HERE

This Week’s Tables & Office Hours:

Research and Writing Table with Daniel – Tuesday, 12/15 from 3:30 to 4:30 PM ET.
Here are some of the topics/challenges you can bring:
~ Getting started on a paper or essay ~ proofreading ~ feedback on structure, content, etc. ~ outlining papers ~ general motivation and accountability ~ inspiration ~ contacting a non-responsive professor.
No need to submit anything beforehand: just drop by with questions, an outline, or a draft. Even if you don't have anything written yet, feel free to stop in; Daniel would be happy to help you break through that writer's block! Zoom link: https://harvard.zoom.us/j/98647856664?pwd=WFVUT00wT3cyS3h0SUVyZ2E3b29iZz09

**Preparing for a statistics exam or final project?**
Please email Brittany Petros (bpetros@mit.edu), our tutor in statistics, to schedule a 1-on-1 meeting for help with practice problems, studying approaches, or data analysis. Brittany was a former STAT 110 and is particularly happy to help students prepare for this exam.

**Chemistry Help:**
Hi Pfoho! For the rest of the semester, Chem Table will be switching to one-on-one and small group sessions for students looking to prep for final projects and exams. Please contact Chris (cgerry14@gmail.com) if you'd like to schedule an appointment - timing is very flexible!

**Have Econ Questions??**
Schedule time at your convenience with your pfriendly Economics tutors! Please reach out to Martin or Angela M about your economics concentration requirements, problem set questions, or anything else on your mind.

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*Our Pfoho Newsletter will be on hiatus through the Winter Break. It will resume in Spring Term.*

*Happy Holidays, Pfoho!*  
*Stay safe, stay healthy!!*