**The Pforzheimer Newsletter**

May 11, 2020

“All The News That Fits We Print”

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**Tutor on call, 3/23/20 – 6/3/20**

**For Students On Campus ONLY**

857-300-7676

Instead of an on-call system for each of the four Houses with students, there will be a single, centralized on-call system, with a single phone number, that will be staffed on a rotating basis by Proctors and Tutors from Houses/Yards without students.

**LOCKOUTS:**

Call Securitas at 617-496-9370

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**Coming up in Pfoho...**

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<td>Research &amp; Writing Tbl w/Daniel 4:30-5:30p (link below)</td>
<td>Pfellowships Office Hour, 7-8pm (link below)</td>
<td>Community Dinner 5-6pm ZHall</td>
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<td>Watch for Anne's Riddle of the Weekend!</td>
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<td>Keith's Code Table 5-6pm (link below)</td>
<td>Puff Puff demo! w/Makinde &amp; Amanda 9:30pm</td>
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*Zoom Links for many events above listed below, scroll down!

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**Notes from the Allston Burr Assistant Dean, Monique Roy,**

pforzheimerhousedean@fas.harvard.edu:

I hope your final assignments and exams are going well so far. I wanted to send a few updates and reminders – please note that Heather and I are still here and ready/willing to answer any questions you may have, or to talk via phone or zoom if that’d be helpful.

1. **Extensions:** As I explained in my last email, extensions up through the last day of exam period (Saturday, May 16) can be granted by professors, but any work handed in after May 16 will require Ad Board approval to be accepted by the professor. If you are or have been ill or have been dealing with other stressors which have impacted your ability to complete course assignments or prepare for a final exam and you anticipate needing an extension beyond May 16, please be in touch with me right away so I can walk you through that process. You can email me or you can simply make an appointment with me by choosing a time in my calendar (link below). You do NOT need to have an appointment with HUHS Urgent Care or documentation from them the way you might in another semester. I am here to help you navigate this and together we can quickly determine whether asking for an extension makes sense for you.

2. **Academic Resources and Stress Management:** It is as important as ever (and perhaps even more so now) to get plenty of sleep, eat well, and balance your studying with other activities. If you are feeling overwhelmed, please reach out. Our Pfoho tutors are available to provide support and encouragement, and Heather and I are always here for you, too – email me at pforzheimerhousedean@fas.harvard.edu or Heather at pforz@fas.harvard.edu.

The Academic Resource Center is an excellent resource for both academic and personal advising, especially when navigating a remote Reading Period and Final Exams; visit their website to learn more: https://academicresourcecenter.harvard.edu/home
The Writing Center is available if you are looking for help with papers and other written assignments: http://writingcenter.fas.harvard.edu and here for their online scheduler.

3. HUHS/Urgent Care: Please see here for information about the HUHS response to Covid-19 and for updates about HUHS operations and hours. If you are currently on campus, in-person urgent care remains available, 8:00am – 6:00pm, 7 days a week, at Smith Campus Center. Please call HUHS at (617) 495-5711 for guidance BEFORE your visit. For assistance between 6:00 pm – 8:00 am, 7 days a week, please call the nurse advice line at (617) 495-5711.

4. CAMHS/Urgent Care: CAMHS clinicians are working remotely Monday through Friday, 8am to 6pm and after-hours urgent care consultation by phone is available nightly from 6pm to 8am and weekends 24/7 at 617-495-5711. Please be sure to visit the CAMHS website for up-to-date information. Additionally, for those seeking resiliency tools in stressful and disruptive times, CAMHS psychologist, Tara Cousineau, PhD, offers her “Courage, Presence, Resilience” (CPR) workshop in short, 15-minute clips.

5. Academic Honesty: This is a VERY good time to check in with your instructors about course-specific expectations on source citation, collaboration, and late work. When you are sleep-deprived, feeling pressured, and down-to-the-wire on a deadline, your judgment may not be at its sharpest. If you find yourself feeling pressured, please set up a meeting with me or your tutors to talk through your options. Remember that the penalty for academic dishonesty is always worse than for turning in an imperfect paper or incomplete problem set. See the Honor Council’s “Top Five Tips” for more ideas. The full College policy on plagiarism, collaboration, and dual submission can be viewed here.

6. Backing up your written work: Remember that it’s not a question of if your hard drive will crash, but when. There’s nothing more frustrating than losing a paper you just put the finishing touches on, and some professors will not accept computer problems as a reason for your missing deadlines, so make sure to back up your work regularly. There are free cloud backups that you can use, including Google Drive (https://www.google.com/drive/) and Dropbox (https://www.dropbox.com/). A good habit is periodically to email yourself a copy of your drafts, to make sure you’ll always have a recent edition available if anything happens.

7. Pfoho ABRD Virtual Office Hours: To schedule a time to talk via phone or Zoom, see Monique’s calendar here or Heather’s calendar here and choose a time that works for you.

We are still rooting for you as you make your way through this last week of the semester!
All best, -Monique

Inside-Pfoho Announcements:

 résultats de l’énigme d’Anne sont arrivés! Scroll down for the answers and winners…

Keith’s Code table this week:
Time: Tuesday, May 12, 2020 05:00 PM Eastern Time (US and Canada)
Code Table is ON because even if classes stop, code does not.
Join Zoom meeting
https://harvard.zoom.us/j/91908064154?pwd=ak1XbmrdfBUQnRZOWszWU91VHdyUT09
Password: 7

Research & Writing Table w/Daniel – Tuesday, May 12, 4:30-5:30pm
Devoted to productivity and time management over the summer months, especially for those of us who are hoping to take on or continue a project of some sort (e.g., a senior thesis, a research assistantship or remote laboratory role, writing a novel or producing a collection of artworks, etc.). Establishing a productive routine is always complicated, and there’s no one right way to do it. But, it is absolutely possible to make good progress on our projects this summer, and I look forward to brainstorming best practices with you!
Here is a Zoom link for the event, which will take place from 4:30 to 5:30 PM EST tomorrow (Tuesday): https://harvard.zoom.us/j/98752684435?pwd=RUZVUGxmWXdBNWhaTC8zNnFpNXNlQT09
Questions, contact Daniel Frim, danielfrim@g.harvard.edu
Need help in orgo, chem, stats, or bio?
Two of our incoming resident tutors, are happy to help out. Here’s a note from Brittany & Chris…

We’re incoming resident tutors in chemistry (Chris Gerry, PhD ’19) and pre-med/statistical biology (Brittany Petros, AB ’18 and current MD-PhD student). We’re reaching out to offer Zoom office hours during Reading Period and Finals week. Please feel free to email us if we could provide any help with organic chemistry, statistics, chatting about life in grad/med school, etc. We look forward to meeting you all!

Best wishes,
Brittany and Chris
brittany_petros@hms.harvard.edu
cgerry14@gmail.com

**PSENIORS – Reminders**

* Pfoho Senior Reception and Awards Night – Tuesday, May 26th, 6:00-7:00pm
  This will be an occasion for us to raise a toast to the Pfoho Class of 2020, present some House awards, and provide an opportunity for you all to toast each other as you wish. A link will be sent closer to the date.

* Senior Class Photo – Order form here
  Anne shared a copy of the Class of 2020 photo that we were able to take at the Champagne reception we held for you on March 12th just before you all left. We’re happy to send you a hard copy of this beautiful photo with a mat and frame. Just fill out this form with the best mailing address and we’ll get one to you with Pflove!

* PFOHO Celebration of the Class of 2020 Day – Thursday, May 28th
  2:45-4:00pm – PFOHO’s own Class of 2020 Celebration – Our program will include remarks by Anne and John, a nostalgic photo slide show, tutor greetings, presentation of graduates read by Monique, and an opportunity for reception chat rooms to follow. A link will be sent closer to the date, a pdf program will be sent just prior. Family members are welcome!

  *Regarding our ceremony, we do need your preferred photos and Senior Survey info* that Heather has requested. If you haven’t had a chance to fill that in, please do so asap here.

From your Pfellowships Team:

Pfellowships Office Hour with Mureji this week – Wednesday, May 13th, 7-8pm (EDT)
Join Zoom Meeting
https://mit.zoom.us/j/97248610114?pwd=Y0lrZmtFMWJHeHRkU3d3TmlZNm5uQT09
Password: 005099
LOTS of info also available from the URAF website here:  https://uraf.harvard.edu/
Questions – please contact anyone on our Pfellowships Team: Erik Sand (eriksand@gmail.com), Daniel Frim (danielfrim@g.harvard.edu), Peter Dziedzic (pdziedzic@g.harvard.edu), Mureji Fatunde (ofatunde@post.harvard.edu), or Makinde Ogunnaike (olumakinde17@gmail.com).

Taking a leave for Fall 2020?? Despite the uncertainty for our Fall Term housing, if you are planning to take a leave of absence, as of now you still need to file a Housing Cancellation form
The deadline to cancel fall 2020 housing is Monday May 18th. More detailed info is available from the DSO page at: https://dso.college.harvard.edu/leaving-and-returning. The cancel form is linked to this page via the Residential Portal link (new) on the left margin. Log in with ID & PIN and navigate to Undergraduate Housing Forms 2019/20. This cancellation deadline applies to all students who will not be living on-campus in the fall. This includes students:
* Taking a leave of absence
* Studying Abroad
* Moving off-campus
* Moving into the Dudley Co-op
You may cancel after May 18th but will accrue late fees that increase as the summer goes on.

Interhouse Transfer Applications for Fall Term 2020, Round 2, are also due by Monday, May 18th.
Although our Fall Term housing is still uncertain, if you are interested in applying to transfer Houses, it’s best that you still comply with the guidelines as if all will resume. Sorry we don’t know yet for sure. Complete info about transferring Houses is available here: https://dso.college.harvard.edu/transferring-houses. Applications are via the Residential Portal with the link on this same page. Log in with ID & PIN and navigate to Undergraduate Housing Forms. For this second round for the fall, the number of students who are able to transfer will be limited to the number and types of spaces available in a House. The inter-house transfer meeting will be held in mid-July. Students at a minimum must be in their 2nd term of residency in their assigned House this spring in order to apply to transfer to another House. Any approved inter-house moves will take place at the start of the fall term 2020-21. If the application is successful, you may not remain in your current House. Any questions, contact Sue at swatts@fas.harvard.edu.
Pfoho Quarantine Cook-off Challenge – Week 2 winners, Week 3 Challenge

Week 2 Challenge was: PFAMILY* FFAVORITES!* *Showcase your cultural dishes and/or pfamily* flavors in this challenge! Anything goes, it just has to be something that represents your pfamily* and/or culture. All submissions were sent to the judges with no names, so judging was totally anonymous!

Congrats to last week's winner: Athena Capo-Battaglia for her delicious tiramisu recipe, straight from Italy!!
Second place was Alyssa Salinas and her Salinas family Chicken Enchilada Soup!!

Special shoutout to Aline Damas for her Julia Child level recipe(s) this week. What a pro!! You really impressed our guest judges: Professor Joseph Nagy (Food and Fantasy in Irish Tradition) and Joseph Shack (TF, English Department). The Josephs also loved Amanda and Makinde’s puff puff recipe, and one plans to try his hand at puff puff this week!

**Week Three Challenge: Guilty Pleasures, elevated**

For this week's cook-off, we challenge you to take your go-to guilty food pleasure and level up! For example, if your go-to is a good old fashioned PB&J, try making it even more luxurious with honey and banana, or nutella! If you're more of a bag of chips kind of guy, how about smothering those chips with pulled pork, cheese, and other garnishes?!

ANYTHING GOES!! THE MORE INDULGENT THE BETTER!!! BE EXTRA!! What better way to celebrate the end of this absolutely bonkers semester by indulging in your favorite foods, taken to the most extra extreme possible!

**How to enter:**
1. Make your indulgent guilty pleasure in the most extra way possible
2. Take a photo
3. Reply to this email with the photo and recipe by 9pm (Boston time) Sunday May 17
4. Enjoy!

Happy cooking/baking!!!

-Kate Leach (katherineleach@g.harvard.edu) and your Week Three judges

Learn to Make Puff Puff! - live demo with Makinde and Amanda! – Wed., 5/13, 9:30pm EST

It is a little-known fact that puff puff contains the perfect nutritional balance for a polar bear diet. If you feel like you've been missing out on this modern-day mana, come learn how to make it yourself from me and Amanda this week! We'll be putting on another live demonstration of the secret art of making puff puff on Wednesday at 9:30 pm EST. If you can't make it, just wait for us to publish the recording after the fact. Or follow along with Amanda's recipe we sent in an email.

For those you you who are uninitiated (including you first-years!), puff puff is a heavenly fried dough from Nigeria that's become a staple of Pfoho cuisine. If you've never had it before, now's your chance!

Questions, contact Makinde Ogunnaike, olumakinde17@gmail.com.

Pfoho’s SLACK Channel is up and running!
You can find it at: [https://harvard-pforzheimer.slack.com](https://harvard-pforzheimer.slack.com).
If you have any channels that you’d like added, just let Sue know – swatts@fas.harvard.edu

Need a short break from your Studies? Here are two options:

**Music from Jose, our own Pfoho Music Resident Tutor:**
Here is a short piece to give you some peace and wish you luck on your finals.
Good job finishing your semester, everyone.
Miss you all.
Best, Jose, Julie and Maya

**Harvard Art Museums from Home:**
Virtual Student Guide Tours will continue through the month of May. These popular 30-minute tours are offered live three times a week, on Tuesday, Thursday, and Saturday—no pre-registration required.

Results of Anne’s Weekly Riddle challenge are in!
A pffantastic response to our “find the pencils” challenge! Here are the much-anticipated results, plus the solutions!
Pfoho’s Puzzle King of the Week:

Frankie Matos

Runner up to Puzzle King of the Week

Jesus Lino

PLUS…
The Much-Celebrated Puzzle-Solving Roll Call of Honor
Alisha Ukani ** Athena Capo-Battaglia ** Cassandra Marando ** Cassia Lee ** Cloud Barre ** Comfort Abuwa ** David Seo ** Ethan Zou ** Hannah Lamport ** Hannah McCormack ** Jing-Jing Shen ** Justin Duffy ** Lucas Woodley ** Nicole Iannella ** Olivia Cordeiro ** Rosie Poling ** Sarah Bolnike ** Sarah Lucioni ** Sophia Parker ** Sung Ahn ** William Drew ** Zach Brown ** Zeynep Ertugay (and little brother)

Solution to puzzle #1

Solution to puzzle #2
Our Pfoho Newsletter will continue to come out every Monday afternoon, in our new Virtual Style. If you'd like to include an announcement, just send it to Sue Watts (swatts@fas) by Monday at noon. Stay safe, stay healthy, Pfoho! We miss you!!