Happy Snowy Day, Pfoho!!

Tutor(s) on call this week:
Brittany Petros & Chris Gerry
(For Students on Campus)
617-651-1636

LOCKOUTS: During the day & evening, go to the Building Manager's Office; After Midnight, Call Securitas at 617-496-9370
FACILITIES After Hours: 617-495-5560

This Week in Pfoho...

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<td>PfoHoCo Mtg 7pm (link ↓)</td>
<td>Pf Weekly Arts Class 7-8p (link below)</td>
<td>Tech Table w/Keith &amp; Elaine 8pm (link below)</td>
<td>Research &amp; Writing Tbl w Daniel, 4-5p (link below)</td>
<td>Wellness Day, No Classes!</td>
<td>Kate’s CHL Office Hour, 1-2p (link ↓)</td>
<td>Science Writing Tbl w/Chris 3-4p (link below)</td>
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Notes from the Allston Burr Assistant Dean, Monique Roy,
pforzheimerhousedean@fas.harvard.edu:

Remember:
* If you have questions about a particular course, please contact your instructor directly.
* If you have a question about a concentration-specific academic policy, please contact the Director of Undergraduate Study of your department.
* The Academic Resource Center (ARC) is a great resource and is now offering all of their services online. Check it out!

Remote Learning Privacy Policy:
Please note that the Committee on Undergraduate Educational Policy (EPC) passed a policy this year stating that students cannot post/make public class videos without faculty permission. Here is a link to that privacy policy.
This rule protects everyone’s privacy and makes sure that the classroom is a place where students can focus on learning. It is also an important issue of equity as we need course materials recorded to make sure that all students (especially those at a distance from the East Coast) can learn. Please let me (Monique) know if you have any questions about this policy.

Other Emergency Student Handbook Policy Updates 2020-21:
Due to the COVID-19 pandemic, the Committee on Undergraduate Educational Policy (EPC) has been making updates to certain Handbook policies. https://handbook.fas.harvard.edu/book/covid-19-emergency-policies

UPCOMING ACADEMIC DEADLINES:
Consider adding these key dates to your calendars as a reminder.
Last Day to Check-in or Register Late: Monday, February 1st
Last day to Add/Drop without a fee: Monday, February 8th
Last day to Add/Drop or change grading status: (Fifth Monday) February 22nd

Pfoho ABRD Virtual Office Hours: To schedule a time to talk via phone or Zoom, see Monique’s calendar here or Heather’s calendar here and choose a time that works for you.

Announcements for Students ON Campus:

From your Community Health Lead, Kate Leach, katherineleach@g.harvard.edu:
** Please follow all one way arrows in any hallways or rooms and in the Dining Hall. I know most of you are so used to the house by now that you could make your way through it blindfolded, and it feels awkward to have to navigate the space in such a new way. But, for everyone’s safety, please follow the one-way arrows and any signs about room capacity and traffic flow.

** Please don’t congregate at the end of the serving area in the Dhall. You can wait for your friend/roommate outside of the Dhall, or you can meet them back up in the room. This is for the safety of our Dhall staff.

** I’ll be holding office hours this Sunday from 12-1. Feel free to drop in if you have any questions or concerns, or just want to say hi! Here’s the link: https://harvard.zoom.us/j/4351002934

Forget what COLOR Clearance Level we’re in?? Just look UP!
Thanks to Super Mario, our Pfoho Belltower lights will always reflect the current Color we’re in. Here’s the link to all the Color levels for reference.

Notices for the Pfoho Community near and far:

PfoHoCo 2021-22!
Spring Term Weekly HoCo Meetings will be held on MONDAYS @ 7:00pm
   Zoom Link:  https://harvard.zoom.us/j/3277232698
Also, the position of PfoHoCo Treasurer is still open! If interested, please contact us and/or come to TONIGHT’s meeting (link above).
With Pfoho, from you NEW PtoHoCo Chairs: Javin Pombra & Kiana Ziadkhanpour (pfohohoco@gmail.com)

Black History Month events in Pfoho - This week:
Wed., Feb 3, 8-9PM (EST) - Being Black in Elite Spaces - Come talk discuss the difficulties of navigating elite spaces at Harvard and beyond. Makinde, Vaneshia, and Amanda will share some of their experience in and out of the college to and we hope to hear some of your triumphs and trials as well.
Zoom link here

Yoga After Hours, Spring 2021 - Thursdays, 8:00pm ET (Note earlier time slot!)
Zoom Link: https://harvard.zoom.us/j/98129201247?pwd=NXXnRXBWeE5HL0FkZ0VyTlcxVm8wQT09
Password: pfohoyoga
Meeting ID: 981 2920 1247, 98129201247@zoomcrc.com

COMING SOON:

Virtual Pfoho Pforum – Wed., Feb. 10th – 7:00pm (Zoom link to follow)
Our special guest speaker will be Desirée Rogers, CEO of Black Opal, a cosmetics company, and Former White House Social Secretary for President Obama.
Please join us next week. All welcome!

Pfoho Inside Scoop on Careers series, starting next week, 2/8!
Are you looking for the career that's the right fit for you, but not sure where to start? Heard of some jobs that sounded cool, but don't know how one gets into them? Or do you have questions that you never feel comfortable asking at company information sessions?
Well, we have a series for you... The Inside Scoop! Come hear from some recent alums (mostly Pfoho alums) who were in your shoes and are now doing some really cool stuff. Listen to how they got their jobs, what they...
actually did there, and what they learnt - and ask them your questions. This isn't a recruiting event, so ask them anything!

When: Mondays at 7 PM, every 2 weeks
Where: Zoom (https://hbs.zoom.us/j/97744402868?pwd=L3JqdvZRTF5U0Rxd3VFYWhmUVExdz09
Meeting ID: 977 4440 2868
Password: pfoho)

“Be the Match” Virtual Drive – Wed., February 10 @ 7pm
Many patients battling leukemia, sickle cell disease, and other deadly blood disorders will need a bone marrow transplant to survive. Unfortunately, only a handful of those who need a transplant will be able to receive one from an immediate family member. All other patients must find a suitable match from lists of total strangers who have volunteered to be potential donors. The largest such registry in the world is the Be The Match Registry, and they are always looking to add more volunteers. There is currently a particularly strong need for donors from non-Caucasian backgrounds.

Pfoho Res Tutor, Chris Gerry, will be hosting a Be The Match "virtual drive" on February 10th at 7pm EST. Please join us for a chance to learn how you can add your name to the registry, what the donation process entails, how many registrants go on to donate (hint: less than 1%), and much more. A representative from Be The Match will be present to answer your questions, and Chris will share his experience as a donor.

If you're planning to join, please fill out this very short Google Form to RSVP so we know how many people to expect. Thank you!
Zoom Link: https://harvard.zoom.us/j/96795112650?pwd=MlQ2RGYwK29YLytPQlR2blpMckZtUT09

Pfoho Monthly Wellness & Art events:
Wellness tutors Brittany Petros and Chris Gerry are hosting a monthly, House-wide event to encourage restoration and reflection.
Due to overwhelming demand, we are closing the Google Form for painting supplies. However, ALL are welcome to attend the meetings and BYO supplies! On the third Sunday of each month, starting in February, we will meet 4-5:30pm. Each meeting will begin with inviting those interested to share 1-2 things that they are grateful for, and then we will play soft jazz while painting together. It will be a laid-back, relaxing environment.
When? Sundays, 4-5:30pm (Feb 21, Mar 21, Apr 18, May 16; come to as many as you'd like!)
How? Zoom Link: https://broadinstitute.zoom.us/j/2320569093?pwd=SEFRTTZtNm1hMiZpRS91RUhKaTRYQT09
Meeting ID: 232 056 9093 Passcode: 000000
Questions? Feel free to email us! (bpetros@broadinstitute.org, cgerry14@gmail.com)
What can I do with my finished product? You can keep it, or choose to donate it to Pfoho. We will gather the donated paintings into an exhibit dedicated to you, our students, for your tenacity during an unprecedented year.

This Week’s Tables & Office Hours:
Pfoho Weekly Arts Class:
This Week’s Offering – Tuesday, 2/2, 7:00-8:00pm
Pfoho Arts Class: Introduction to Classical Ballet with Johanna Sigurdardottir
Zoom here. Schedule here. The class will run for 45 to 60 minutes. Johanna will introduce basic concepts and lead a class, including barre & center combinations. Participants should wear clothes they can move in. Participants should dance with ballet slippers, socks or barefoot. All genders and experience levels are welcome!

Tech Table with Keith and Elaine – Wednesdays @ 8:00pm
Zoom link: https://harvard.zoom.us/j/91908064154?pwd=ak1XbmprdFBUQnRZOWszWU91VHdyUT09

Research & Writing Table with Daniel – Thursday, 4:00-5:00pm
Here are some of the topics/challenges you can bring:
~ Getting started on a paper or essay ~ proofreading ~ feedback on structure, content, etc. ~ outlining papers ~ general motivation and accountability ~ inspiration ~ contacting a non-responsive professor ~ finding a research project or opportunity that's right for you.
No need to submit anything beforehand: just drop by with questions, an outline, or a draft. Even if you don't have anything written yet, feel free to stop in; Daniel would be happy to help you break through that writer's block!
Zoom link: https://harvard.zoom.us/j/99802460595?pwd=cHJsbU1tcnRkZ21OdUkvM1pwVTUZz09

Chemistry Help with Chris – Thursday, 6:30-8:30pm:
Want some help with that looming organic chemistry PSet? Are you curious about research, graduate school, or chemistry-related career options? If so, stop by Pfoho's Chem Table on Thursday evening! **You can sign up for a 1:1 with Chris between 6:30-8:30pm EST using the Doodle poll below.** Slots are available on a first-come-first-served basis - feel free to reserve as many as you need.

Doodle: [https://doodle.com/poll/2y8m645u8h93b97f?utm_source=poll&utm_medium=link](https://doodle.com/poll/2y8m645u8h93b97f?utm_source=poll&utm_medium=link)

Zoom: [https://harvard.zoom.us/j/99877939067?pwd=SjJ1RDRxYnlIazdMQIBtNzRUejeZdz09](https://harvard.zoom.us/j/99877939067?pwd=SjJ1RDRxYnlIazdMQIBtNzRUejeZdz09)

**Scientific Writing Help with Chris – Sunday, 3:00-4:00pm:**
Data don't actually speak for themselves, so how can we talk about scientific results most effectively? If you're feeling stuck with a presentation, a thesis chapter, or any other type of scientific communication task, then come to **Pfoho's Scientific Writing Office Hours** for some guidance. Office hours will be held every Sunday from 3-4pm EST. Hope to see you there!

Zoom: [https://harvard.zoom.us/j/96853245779?pwd=SkVzaGVzaFQTi9jenhXMzlRVElhUT09](https://harvard.zoom.us/j/96853245779?pwd=SkVzaGVzaFQTi9jenhXMzlRVElhUT09)

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*Our Pfoho Newsletter will continue to come out every Monday (or occasionally Tuesday) afternoon. If you’d like to include an announcement, just send it to Sue Watts ([swatts@fas.harvard.edu](mailto:swatts@fas.harvard.edu)) by Monday at noon.*

*Stay safe, stay healthy, Pfoho!*