THIS WEEK IN PFOHO:

**Monday, April 1**
Belltower Apps due to Sue 11:59pm Email to swatts@fas
Watch your email for more info on Housing Lottery coming ASAP

**Tuesday, April 2**
Belltower Lottery (if nec.) 5:00pm House Office

**Wednesday, April 3**
HoCo Meeting 9:30-10:30pm Hastings LR

**Thursday, April 4**
ZUMBA @ Pfoho (part of Wellness Week) 8:30-9:30pm Pfojo
PFORTUNA a la Wellness Team – Pfreshmen welcome! 9:30-10:30pm JCR

**Sunday, April 7**
Pre-Yardfest Quad Neighborhood Party 1:30-3:30pm Quad Lawn (weather permitting)
YARDFEST 3:30-7:30pm Harvard Yard
Pfoho DHall closed for dinner, BBQ Dinner will be served in the Yard, starting at 4:30
DHalls remaining open – Currier & Dunster

NEXT WEEK IN PFOHO:

**Tuesday, April 9**
Deadline to submit Blkg Grps in Lottery System 11:59pm https://pfoho.harvard.edu/housing

**Wednesday, April 10**
Pfoho Spring Pfaculty Dinner 5:30pm DHall
(those not signed up will need to eat interhouse)
HoCo Meeting 9:30-10:30pm Hastings LR

**Thursday, April 11**
PFORTUNA – Pfreshmen welcome! 9:00-10:00pm JCR

**Saturday, April 13**
PFaculty Dean High Tea 4:00-5:00pm Comstock LR
(by prior sign-up)

**Sunday, April 14**
Game of Thrones big-screen viewing 9:00pm Quad Lawn

Notes from the Allston Burr Assistant Dean, Monique Roy,
pforzheimerhousedean@fas.harvard.edu:

GEN ED QUESTIONS?
The Gen Ed Program has a useful website here to address questions about the revamped requirements. And there is an online form for questions, here.

ACADEMIC DEADLINES:
The degree application is now open. If you are a May 2019 degree candidate, the deadline to apply to graduate is TODAY, Monday, April 1st.

Instructions are here.
April 1st is also the deadline to do the following:

- **Change your diploma name**
  - Follow the directions at the link and create a new name type (diploma name). Note that the webpage displays your name as LAST, FIRST whether or not you have entered a middle name. Your name will appear on your diploma as FIRST MIDDLE LAST (or FIRST LAST if you have not entered a middle name).

- **Change your concentration**

- **Declare a Secondary Field**

- **File a Foreign Language Citation**: [print from here](http://pfoho.harvard.edu/housing) or pick up outside my office.
  - Before submitting the form you will need to get 1) a signature of a designated member of the language program and 2) then Monique’s signature.
  - Note that the form must be submitted to the Registrar (4th floor of the Smith Campus Center) by **5pm on Monday April 1st**.

* PLEASE NOTE: If you plan to change your concentration or declare/change a secondary, **you must do that before submitting your degree application**. (You can change your diploma name or file a citation anytime up until the degree application deadline.)

**WANT TO MEET WITH MONIQUE?**

If these times don’t work for you, just email me and we will set something else up outside those times. Regina will normally be in from 9-5 Mon-Fri - and she will always know where I am or how to reach me.

- Monique

**Pfoho Hoco Announcements**
Hoco meeting 9:30pm Wednesday in Hastings LR!
Wellness-oriented Pfortuna at 9:30pm on Thursday in the JCR!

**Inside-Pfoho Announcements:**

From Pfoho REP Coordinator, Belinda Hu, [belindahu@college.harvard.edu](mailto:belindahu@college.harvard.edu)

REP study break TONIGHT, Monday, April 1st, at 8:30pm in the dhall

Hope everyone had a great weekend! This week's REP theme is **water**. come to the dhall tonight at 8:30 pm to learn more about the ways we can save water in our day to day life and eat snacks from wholesome fresh.

If you have any snack requests, please fill out this form!
[https://docs.google.com/forms/d/e/1FAIpQLSdpNZtL_6wtNmCRhEyob_B2sr4gobI4qb69oLmabGTt4gbmSQ/viewform?usp=sf_link](https://docs.google.com/forms/d/e/1FAIpQLSdpNZtL_6wtNmCRhEyob_B2sr4gobI4qb69oLmabGTt4gbmSQ/viewform?usp=sf_link)

SEE YOU THEN.

**Pfoho Upperclass Housing Lottery 2019:**  
Lottery season is here!

If you're interested in living in our **Belltower Suite** – i.e. Moors 410 (quad), 404 (triple), and/or 403 (quad) – **TODAY** (Mon., 4/1) is the deadline to submit your request, by 11:59pm, with your block list.

For more info on this and everything else about the Lottery process, please see the Pfoho Housing Constitution at: [http://pfoho.harvard.edu/housing](http://pfoho.harvard.edu/housing), then click on Housing Constitution.

Below are Important Dates to Remember:

<table>
<thead>
<tr>
<th>2019 Pfoho Housing Lottery Important Dates</th>
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<tbody>
<tr>
<td><strong>Monday, April 1, Midnight</strong> Requests for Belltower suite due via email to Sue Watts. Send complete list of students (8 or 11) in your block to <a href="mailto:swatts@fas">swatts@fas</a></td>
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<tr>
<td><strong>Tuesday, April 2, 5 pm</strong> Belltower Lottery (House Office, if necessary)</td>
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<td><strong>Wednesday, April 3, noon</strong> Averaging system goes live</td>
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<tr>
<td><strong>Tuesday, April 9, 11:59pm</strong> Lottery Averaging Form Registration DEADLINE</td>
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<td><strong>Monday, April 15, 7 pm</strong> Lottery Night (Dining Hall) – random numbers generated</td>
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<tr>
<td><strong>Tuesday, April 16, 6 pm</strong> Senior Room Selection (House Office)</td>
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The **Spring Pfoho Student/Pfaculty Dinner** is NEXT WEEK, on **Wednesday, April 10th**. Reception at 5:30 on the balcony, followed by dinner in the dining hall at 6:00. Take advantage of this opportunity to meet with your professor, TF or tutor over a very special dinner. Hard copy invitation cards are available at the checker’s desk in the DHall or in the House Office. **Please RSVP by clicking here** Pfoho Pfaculty Dinner RSVPs with your GUEST’S NAME and his or her DEPARTMENT by Monday, April 8th at the latest.

**Harvard Wellness Week** starts TODAY, April 1st! Check out the [college-wide schedule of events](#) happening Monday-Friday! In addition, Pfoho will be celebrating as a community throughout the day on Thursday, April 4th. We welcome you to sign up for any/all of the following activities on **Thursday, April 4th in Pfoho**:

- pFee yourself from distraction with tips from BSC experts over dinner (BYO tray up) in Moors Classroom #1 on Thurs@6:30-7:30pm
- Zumba in the Pfojo on Thurs@8:30-9:30pm!
- MYO fruit, nut, yogurt, granola parfait at brain break in the dhall beginning Thurs@9:30pm!

You can also reserve a [massage chair time slot](#) for yourself (and a friend) in the Spfa Monday-Sunday 7am-2am, and yoga will be held at its usual time on **Tues 7-8pm** in the Pfojo.

Sincerely, Your Res Tutor Wellness Team (Sarib, Stacy, and Viroopa)

**Pfoho IMs:**

**Tuesday, April 2nd 10pm:** Volleyball A vs. Quincy (QRAC)

**Wednesday, April 3rd at 8pm:** Softball vs. Mather (Mignone Rugby Field)

**Thursday, April 4th at 7pm:** Volleyball B vs. Quincy (QRAC) **AND** 9:30pm: Soccer vs. Dunster (Cumnock Field)

**Outside-Pfoho Announcements**

**Calling all Quad Students!**

Harvard University Health Services (HUHS) needs your help!

HUHS wants to better understand your experiences within its primary care and urgent care medical services. Our team needs your feedback as we re-imagine our services to better meet the needs of undergraduate students. Please come meet with us over free dinner! Customize your order for dinner and we’ll have berries and milk bar cookies for dessert! Limited to 12 students.

**When:** Wednesday, April 3rd, 6:00 pm – 7:30 pm

**Where:** Cabot Private Dining Room

**Registration link:** [https://forms.gle/QWFaERgYZYNDaCqb8](https://forms.gle/QWFaERgYZYNDaCqb8)

**Here are some things to think about before meeting us:**

1. What happens when you are “unwell” or “have a concern” that you feel you could use help with?
   1. What is your first step?
   2. What happens next?
2. Tell us about your personal experience with HUHS. Start from when you first decided to seek help at HUHS.
   1. Were your expectations met?
3. If you could “wave a magic wand” and improve HUHS what would you do?

We look forward to meeting you!

Best,

Paul Barreira, Director, HUHS

Maria Francesconi, Senior Director, Nursing and Health Promotion, HUHS

**Hello from the Bureau of Study Counsel** ([http://bsc.harvard.edu/](http://bsc.harvard.edu/))!

The BSC supports students as they learn, grow, and engage in the educational opportunities available to them at Harvard. Explore our programs and services here and at 5 Linden Street.

**THIS WEEK AT THE OFFICE OF CAREER SERVICES**

See here for full list of events: [http://ocs.fas.harvard.edu/college-advising](http://ocs.fas.harvard.edu/college-advising)
Our Pfoho Newsletter comes out every Monday afternoon (or a day or two later if there’s a holiday). If you’d like to include an announcement, just send it to Sue Watts (swatts@fas) Catherine Bond (catherine_bond@college) by Monday at noon. Calendar events and lots of other helpful info are also online at http://pfoho.harvard.edu/.