**TUTOR ON CALL:**

617-651-1636  
**Perry Choi (9/23-9/30)**

Beginning at 5pm Monday and ending at 9am the following Monday resident tutor(s) will be on call to assist Pfoho residents with any emergencies that may arise. The name & phone number of the tutor(s) will be listed in the newsletter each week & will be posted outside House Offices and throughout Pfoho buildings.

**Coming up in Pfoho...**

<table>
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<tr>
<th>Monday 9/30</th>
<th>Tuesday 10/1</th>
<th>Wednesday 10/2</th>
<th>Thursday 10/3</th>
<th>Friday 10/4</th>
<th>Saturday 10/5</th>
<th>Sunday 10/6</th>
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<td>Monique’s added drop-in office hrs to sign P/F forms, etc. 7:30-9:00p House Off</td>
<td>Ultimate Frisbee vs. Dunster 8pm, Harvard Stadium PfoHoCo Meeting, 9:30-10:30p, Hastings LR Volleyball A vs. Cabot 10pm, QRAC</td>
<td>Monique’s added drop-in office hrs to sign P/F forms, etc. 7:30-9:00p House Off</td>
<td>Volleyball B vs. Dudley 7pm, QRAC Pforum w/Fac Dean Anne H. 7:15-8:30p, Hastings LR Pfortuna &amp; OktoberStein, 9pm, Belltower</td>
<td>Fac Dean Led Pforay – Hiking @ Mt. Monadnock 8a-5p</td>
<td>Fac Dean Open House, 9-10p, FDR</td>
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<th>10/7</th>
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<tr>
<td><strong>5th Monday: Deadline for Add/Drop &amp; P/F forms</strong></td>
<td>PfoHoCo Meeting, 9:30-10:30p, Hastings LR</td>
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<td>Pfortuna 9pm, JCR (Pfelipe’s!)</td>
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**Notes from the Allston Burr Resident Dean, Monique Roy**  
(pforzheimerhousedean@fas.harvard.edu):  
You can also reach Heather at pforz@fas.harvard.edu

The Academic Resource Center (ARC) is up and running! The ARC is committed to helping Harvard students reach their full academic potential. The ARC offers a variety of workshops, academic coaching, peer tutoring, and bookable spaces all in a newly renovated, accessible, innovative building located at 1414 Massachusetts Avenue, floor 3R.  
**October workshops include:**  
* Speaking up in Class on October 2  
* Time Management on Octo. 8 (and on Oct. 10 & 17)  
* Guidelines for Editing & Revising on Oct. 11  
* Problem Set Courses on Oct. 18  
Explore the website below for more info or stop by the office to see everything the ARC has to
Counseling and Mental Health Services (CAMHS) is a counseling and mental health support service which seeks to work collaboratively with students and the university to support individuals who are experiencing some measure of distress in their lives. [https://camhs.huhs.harvard.edu/](https://camhs.huhs.harvard.edu/)

**CROSS-REGISTRATION:**

Cross-registration requests (including for MIT courses) can be handled online through my.harvard. [Instructions are here](https://it.harvard.edu/security/cross-registration) (IT help) and here (Registrar's Office). **October 7th is the cross-registration deadline** BUT you also need to register by the registration deadline for the institution in question (and some of them are much earlier than Harvard's).

Remember: you need to petition separately if you'd like to receive concentration credit for cross-registered courses; paper forms for that are available here and outside my office. Finally, before you decide to cross-register, make sure to familiarize yourself with the cross-registration policies in the Student Handbook, here.

**GEN ED QUESTIONS?**

The Gen Ed Program has a useful website here to address questions about the revamped requirements.

**UPCOMING ACADEMIC DEADLINES:**

Consider adding these key dates to your calendars as a reminder.

**“Last day to Add/Drop or change grading status: (Fifth Monday) Monday, Oct 7th”**

Last day with Withdraw from a course: (Seventh Monday) Monday, Oct 21st

**APPOINTMENTS WITH ME:**

Have something you’d like to discuss? It can be academic or otherwise! Please follow this link to sign up for 30min appointment slots. I have several days/slots available this week and will add more in coming weeks. If these times don’t work for you, just email me and we will set something else up. Also - Heather is ordinarily in from 9am-5pm Mon-Fri, and she always knows how to reach me.


**Special added drop-in Office Hours this week:** Monday, 7:30-9:00pm & Wednesday, 7:00-9:00pm

All my best,

Monique

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**Inside-Pfoho Announcements**

**Pfoho Pforum -- Thursday, October 3rd – 7:15-8:30pm – Hastings Living Room**

With Pfoho’s very own Faculty Dean, Anne Harrington as our speaker!

Anne Harrington, Franklin L. Ford Professor of the History of Science, will speak on her recently released book titled, *Mind Fixers: Psychiatry's Troubled Search for the Biology of Mental Illness.*

Anne’s talk title will be: “Psychiatry’s Biological Revolution: What really happened, and what really happened next”

We are so very proud to have our own Faculty Dean begin this year’s Pfoho Pforum Series. Please join us for special desserts and discussion in the Hastings Room at 7:15pm on Oct. 3rd.

Pfortuna will combine with Stein Club this week – it will be a special Octoberfest **Pfortuna/Stein** on Thursday October 3rd, 9:00-11:00pm (extended time), in the Belltower Suite!!

Food offerings will feature authentic Philadelphia soft pretzels to be delivered by Mike Burke, Harvard Registrar resident of Pfoho's Faculty Row, and Philly native and pretzel officiando. Thanks to Mike!! Don't miss it!!

**Pfoho Lunch-on-the-House Program continues:**

The idea is simple. Invite a favorite professor or non-Pfoho TF (just one please) to lunch in a favorite restaurant in the Square, or anywhere that is mutually convenient. Keep the receipt. Fill out a form you will find outside Sue Watts' office. Hand both of them into her. We will then reimburse you (via check or Venmo) for the entire cost of the lunch, up to $20 per person (**limited to one lunch per person each semester**).
PFOHO ROOM RESERVATIONS:
Pfoho has three classrooms, three common rooms, a dance studio, and party Room (Igloo) all reservable as a Pfoho resident.

FIRST OFF, check the availability of the room on the Room Reservation calendar, viewable on the Pfoho website at: http://pfoho.harvard.edu/RoomRescal. Once you check to see what's available, you can email swatts@fas.harvard.edu to make a reservation request – please include exact times and what it's for with your request.

Thursday-Sundays Igloo reservations require an online reservation form – info available at https://pfoho.harvard.edu/parties.

Pfoho IMs

This Week’s Games:
Ultimate Frisbee vs. Dunster on Tuesday at 8pm (Harvard Stadium)
- https://groupme.com/join_group/53375444/9QPK7HN2
Volleyball A vs. Cabot on Tuesday at 10pm (QRAC)
- https://groupme.com/join_group/53375345/tGXQT4qz
Volleyball B vs. Dudley on Thursday at 7pm (QRAC)
- https://groupme.com/join_group/53375408/2MQgmA7Y

Questions? contact Pfoho IM Coordinator Frankie Matos, francisco_matos@college.harvard.edu
Or Res Tutor John Holland-McCowan (johnhmcc11@gmail.com).

Outside-Pfoho Announcements

Interested in Public Service? There are numerous opportunities for you. Please see the very inclusive Public Service Newsletter from Phillips Brooks House here: https://mailchi.mp/96db22528a9e/harvard-college-public-service-weekly?e=ec97e1d3ca.
Or check the PBH website here: https://publicservice.fas.harvard.edu/

Office of Career Services (OCS)
Full list of events: http://ocs.fas.harvard.edu/college-advising

Got an announcement for the Newsletter?
Our Pfoho Newsletter comes out every Monday afternoon (or a day or two later if there's a holiday) If you'd like to include an announcement, just send it to Sue Watts (swatts@fas) Catherine Bond (catherine_bond@college) by Monday at noon. Calendar events and lots of other helpful info are also online at http://pfoho.harvard.edu/.