The Pforzheimer Newsletter
March 2, 2020
“All The News That Fits We Print”

Tutor on call, 3/2-3/9
Perry Choi
617-651-1636 (tutor-on-call cell)
Beginning at 5:00 p.m. Monday and ending at 9:00 a.m. the following Monday, a resident tutor or tutors will be on call to assist Pforzheimer House residents with any emergencies that arise. The name and phone number of the tutor(s) on call is listed in each week’s Newsletter and will also be posted outside the House Offices and throughout the Pfoho buildings.

Coming up in Pfoho…

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>PFrench Table, 5:30-6:30p DHall</td>
<td>Presidential Primay Elections Today Don’t forget to VOTE</td>
<td></td>
<td>Pfoho Pforum, Scholar at Risk panel 7:30-8:30p Hastings LR</td>
<td></td>
<td>Pfac Dean High Tea, 4-5p, Comstock LR QUADDED Returns! 8:30-11, Moors Terr. &amp; Hastings LR</td>
<td>Daylight Savings Time Begins @ 2am</td>
</tr>
<tr>
<td>PFrench Table, 5:30-6:30p DHall</td>
<td>Pre-Housing Day Stein 9pm, DHall</td>
<td></td>
<td>HOUSING DAY!!! Get Pfried Up Pfoho!!</td>
<td></td>
<td></td>
<td>Fac Dean Hygge 9-10pm, Comstock LR</td>
</tr>
</tbody>
</table>

Notes from the Allston Burr Assistant Dean, Monique Roy,
pforzheimerhousedean@fas.harvard.edu:

UPCOMING ACADEMIC DEADLINES:
Last day with Withdraw from a course (Seventh Monday): Mon., March 9th
In order to withdraw from a course you will need to fill out a Course Withdrawal Form and get your concentration advisor’s signature, Monique’s signature, and then submit the form to the Registrar’s Office. You can find more details here: https://handbook.fas.harvard.edu/book/change-course
If you have any questions about withdrawing from a course, please feel free to set up a time to talk with Monique or Heather!

WANT TO MEET WITH MONIQUE?
You can check my office hours and sign up for an appointment on my google calendar.
If these times don’t work for you, just email me and we will set something else up outside those times. Heather is in from 9-5 Mon-Fri – she is happy to meet with you as well!

See you all soon!
- Monique

**Inside-Pfoho Announcements:**

**Pfoho Pforum -- Thursday, March 5th – 7:15-8:30pm – Hastings Living Room**
A Panel Discussion featuring visiting scholars from the Harvard Scholars at Risk Program.
Guest panelists:
Mosab Abu Toha: Palestinian poet
Neal Hovelmeyer: Zimbabwean novelist and educator
Serdar Kuyuk: Turkish earthquake engineer
Light Chibuihe Obi: Nigerian poet
Guest Co-Moderator will be Jane Unruie, Director of the Harvard Scholars at Risk Program
Please join us for special desserts and discussion in the Hastings Living Room at 7:15pm on March 5th.

**Pfortuna continues this week, on Thursday, March 5th, 9-10pm, in the JCR.** This week featuring pfood from: *Trader Joe’s!*
**Pfortuna** is a weekly Pfoho gathering held on Thursdays from 9-10pm in the JCR. It’s a very casual, pfun way to start your weekend early and just hang out with the Pfamily over snacks, drinks, games, music, etc. ALL Welcome! C’mon down!

Our newest bear cub adoptee has been named!!
Thanks to everyone for the wide array of awesome and creative name possibilities for our 2020 polar bear adoptee as part of our International Polar Bear Day celebrations on Sunday, March 1.
And the winning name is... **Bye PfAlisha!!**
(Thanks to Alisha Ukani for the winning suggestion.)

Join us on Saturday, March 7th, it’s the return of...

**QUADDED + ICE BAR**

03.07.20
8:30-11pm
MOORS TERRACE

Pfeaturing lots of good pfood, a pfabulous Just Dance contest on the big blow-up screen, and the infamous Ice Bar along with ice sculptures of the 3 Quad Houses. Join the pfun, share the pfLove for our Quad neighborhood!

**SENIORS: Do you want to speak at Harvard Commencement??**
Learn more at [https://commencement.harvard.edu/orations-competition](https://commencement.harvard.edu/orations-competition)
One of the oldest and most cherished traditions of the Morning Exercises of Commencement is the Orations Competition in which three students are chosen by a panel of judges to deliver a speech to approximately 32,000 friends, faculty, family, alumni and graduates.
The **TWO delivered by graduating seniors are the LATIN and the ENGLISH orations.** The third, also in English, is delivered by a grad student.
Speeches should be no longer than five minutes in length and will be judged for intelligence, wit, originality, and general significance.
**•Informational Workshop:** Thursday, March 5 at 4:30 PM, Emerson Hall, Room 105
**•Submission Deadline:** Friday, March 27 at 4 PM
**•Notification to candidates selected for audition:** Friday, April 10, (by end of day)
**•Preliminary Auditions:** Thursday, April 16 at 4 PM
**•Final Auditions:** Thursday, April 23 at 4:30 PM
* Students interested in learning more about the competition are encouraged to attend the optional Orator’s Workshop.

**Prize: $1,000 in each category**

**Pfoho IMs:**

Questions? contact Pfoho IM Coordinators Frankie Matos, francisco_matos@college.harvard.edu, Jerome Edwards, edwardsj@college.harvard.edu, or Res Tutor John Holland-McCowan (johnhmcc11@gmail.com).

**Want to be an IM REP for 2020-21??** If you would like to become a Pfoho IM Rep, please apply here <https://forms.gle/9TEedFATsPfiHBh88>! It’s a great way to get to know people, have a lot of fun, and get some exercise!

**Outside-Pfoho Announcements**

**HUHS Health & Wellbeing Survey - $5 El Jefe Gift Certificate for completing**

Dear Harvard College Student:

Please help HUHS better understand the health and wellbeing of Harvard’s undergraduate community. The Health and Wellbeing Undergraduate Survey explores your physical and mental health so we can provide services and set priorities that align with your needs.

**This survey takes about 15 minutes.** Every student at Harvard College is asked to participate. Full participation will provide the best data to guide our work, and a diverse sample will allow us to explore the needs of the entire undergraduate community. We want to hear all of your voices.

Please answer carefully and completely; however, if you are not comfortable answering a certain question, feel free to skip it. **Survey responses are anonymous. They will not be part of your medical or mental health record or be linked to you in any way.**

**2020 Harvard Health and Wellbeing Undergraduate Survey**

For participants who successfully complete the survey, HUHS will provide you a $5 gift card to El Jefe’s Taqueria or donate $5 to aid the animals of Australia as a token of appreciation. The survey closes March 11th. Please participate today!

Best regards,

Giang T. Nguyen, MD, MPH, MSCE, FAAFP
Executive Director, Harvard University Health Services
Rakesh Khurana
Dean of Harvard College

**March Programs at the Academic Resource Center (ARC):**

The ARC is located at 1414 Mass Ave, Floor 3R in the Bank of America Building. An HUID card is required to access the elevator. All workshops are open to graduate and undergraduate students unless otherwise noted.

**For all their program descriptions and to register please visit:**

https://academicresourcecenter.harvard.edu/calendar

**Interested in Public Service?** There are numerous opportunities for you. Please see the very inclusive Public Service Newsletter from Phillips Brooks House here: https://mailchi.mp/96db22528a9e/harvard-college-public-service-weekly?e=ec97e1d3ca.

Or check the PBH website here: https://publicservice.fas.harvard.edu/

**Office of Career Services (OCS)**

Full list of events: http://ocs.fas.harvard.edu/college-advising

**Our Pfoho Newsletter comes out every Monday afternoon (or a day or two later if there’s a holiday) If you’d like to include an announcement, just send it to Sue Watts (swatts@fas) Catherine Bond (catherine_bond@college) by Monday at noon. Calendar events and lots of other helpful info are also online at http://pfoho.harvard.edu/**